



## Backer's Guide To Uprising Beach Resort



### Cool Stuff to Know

- ◇ Simply one of the most impressive backpacking facilities in Fiji.
- ◇ Heading into Suva to party at O'Reillys Bar on a Friday or Saturday night would not be a bad decision if you love a full-on, South Pacific weekend party BLAST!!!
- ◇ They don't call Pacific Harbor the adventure capital of Fiji for nothing. Jungle river tours, world class diving, fishing, white water rafting, Jet Ski safaris, ancient village tours and Island day trips are just a few adventures that you can enjoy when you are at Uprising Beach Resort.
- ◇ It is only 45 minutes' drive to Fiji's capital, Suva.
- ◇ Very close to Fiji's most popular local surf wave called the 'Frigates Passage'
- ◇ Actual staff workers comprise one of the top international rugby 7s team in the entire world!
- ◇ The best cool fact of all... the movie 'Anaconda 2' was filmed just a couple of miles away from this resort.

### Introduction

Situated closely between the beach front and the tropical palms along the famous Pacific Harbor coastline, at Uprising Resort you will discover a very modern facility with stunning ancient Fijian overtones. It's a place that will take your mind away and your body to a peaceful zone. Here you can enjoy a wide variety of adventure activities, relaxation options and a level of overall natural beauty both at and around the resort that will captivate your soul. Boasting a 2-mile stretch of sandy beach behind a lush coastal forest, great smiles and a grand class of Fijian tradition and hospitality, Uprising Resort is a place that you will always fondly remember, long after your time there has passed.



### Travel information

Uprising is located in Pacific Harbor, which is on the Queen's Highway, 2/3rds on the way to Suva from Nadi. It is just 1 hour from Suva. :

#### TRANSFER

**Bus**  
From Nadi Bay Resort Hotel our tour desk will arrange your air-conditioned bus to Uprising. You will enjoy the beautiful Coral Coast and all transfer costs are included in your package price.

Contact Us: (670) 672 - 3599  
[info@backersguide.com](mailto:info@backersguide.com)

### Facilities

These are the facilities available at the resort:

- ◇ Restaurant open for breakfast, lunch, and dinner...and snacks all day long Laundry Service
- ◇ Full service bar a with local and international spirits, wines and beers, great cocktails
- ◇ Daily Happy Hour
- ◇ Linen is included in the rate
- ◇ Credit Cards Accepted: MasterCard, Visa, JCB
- ◇ Security Lockers
- ◇ Luggage Storage in Rooms
- ◇ Children Friendly
- ◇ Travel & Information desk
- ◇ Sunday local church services available at Arts Village
- ◇ Sunday Beach BBQ
- ◇ Awesome lagoon style swimming pool
- ◇ Volleyball court
- ◇ Broadband unlimited internet and wireless internet: Skype Friendly
- ◇ 24 hour reception
- ◇ Bus stop / taxi stand
- ◇ All bures and dorms have balconies with ocean views
- ◇ 5 min walk to bank, grocery store, bread shop, bottle shop and variety of restaurants, ice cream parlor, a cultural center and marketplace, fresh produce stalls, local church.
- ◇ Wireless internet facility throughout entire resort

### Area & Resort Activities

world famous, claimed by many experts to be the best soft coral dive and snorkel in the world.  
 ◇ Game fishing charters – the Rate is ½ day (4hours) maximum of 4 anglers, Full day (8hours) maximum of 4 anglers – ½ day (4 hours) maximum of 6 anglers – and full day (7 hours) maximum of 6 anglers  
 ◇ Surf charters  
 ◇ Assorted inflatable tube rides  
 ◇ Sail and snorkelling

Cultural activities are free of charge.

- ◇ Traditional Fijian dance
- ◇ Fire walking
- ◇ Ancient village tour
- ◇ Handicraft and souvenirs
- ◇ Kava ceremonies

### Accommodation

#### BEACHFRONT BURES

Beachfront Bures have a balcony, refrigerator and lounge suites. Just a stone's throw from the water's edge, the maximum capacity per bure is 4 people (extra charges will apply). Tea and coffee making facility, hot and cold open air private landscape showers and ceiling fans are all included.

#### GARDEN VIEW BURES

Garden View Bures include a balcony, refrigerator, lounge suites, and are set amongst a tropical landscaped garden. Tea and coffee making facilities, hot and cold open air private landscaped showers, ceiling fans are included. Maximum occupancy is 4 people per Bure (extra charges will be applied).

#### TREE HOUSE DORMITORIES

Here's a 20 bed dormitory with a balcony that provide views over the entire resort. There are lockers to safe keep your valuables and hot and cold male/ female showers.

#### CAMPING FACILITIES

Those who are camping enthusiast can bring their camping gear and enjoy the outdoor life of Fiji.

### Area & Resort Activities

**Activities – All "Backers" guests receive 10% discount on all chargeable activities – just show your "benefits" card.**

Activities available for everyone to do around the resort include the following:

#### LAND ACTIVITIES

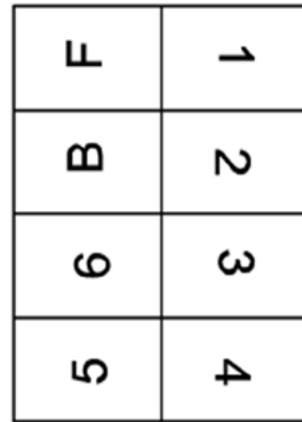
- ◇ Beach volleyball
- ◇ Touch rugby

#### SEA

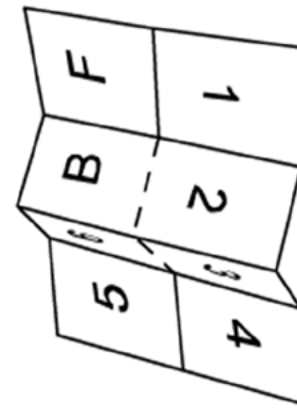
- ◇ Jet Ski Island tours – showJet Ski Rides – 15minutes and ½ an hour is Shark feeding / Shark Dive – This has to be seen to be believed. A 20' Tiger Shark makes many unscheduled appearances!
- ◇ Island picnic trips – Bega Island magic- from Tuesday and Saturday Yanuca, Beachcomber- from Thursday and Sunday
- ◇ Snorkel Bega Lagoon – The lagoon is absolutely world famous, claimed by many experts to be the best soft coral dive and snorkel in the world.

# Folding Instructions

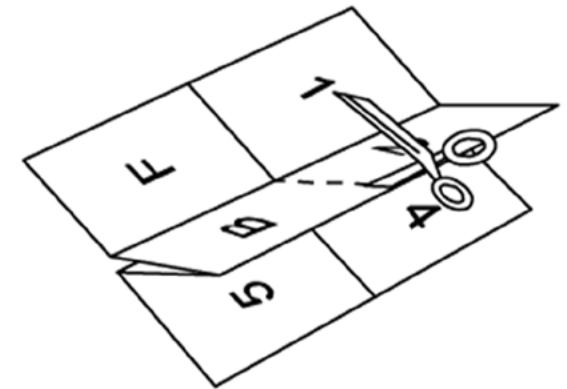
Note: All folds should be to the lines printed on the paper, and not to the actual edges of the page.



1. Start with front page at top left

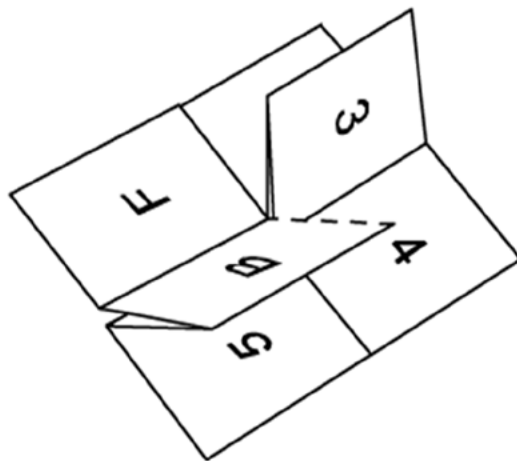


2. Fold in halves

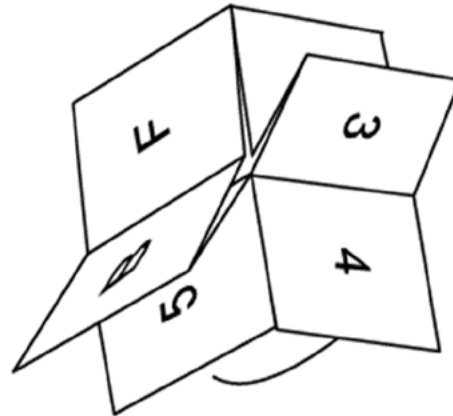


3. Cut at dotted line in center

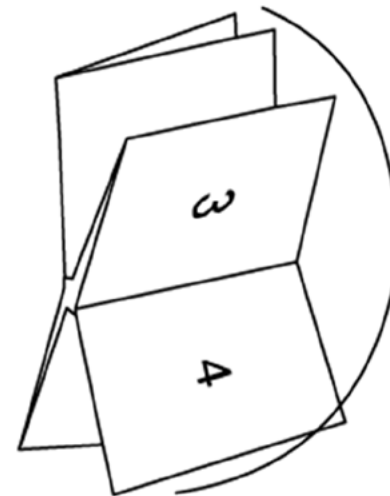
4. Fold to opposite ends.



5. Fold in half vertically



6. Fold in half horizontally



done. enjoy!

